What equipment or apparel do you need?
Basketball:
- Tennis shoes (non-marking soles)
- Gym shorts

What if we can’t make the practice time the coach has picked out?
We will try our best to find another team that may work in your favor as long as we get enough time to make the adjustments and there is availability on other teams.

When should we hear from the coach?
We hold mandatory coaches meetings two weeks prior to the start of the season. Coaches will receive their roster and are encouraged to get in contact with players & parents as soon as possible by phone, email, or text with details about the upcoming season.

What if bad weather occurs on game days?
You will receive word from the coach after we have made contact with them. Please refrain from calling the YMCA Welcome Center staff. If weather is a concern on game days, we advise that you check the following.
- Facebook: check your location’s page.
- YMCA Sports Cancellation Hotline: 402-661-7150
- Player Space will also send out notifications.

Where & when will the games & practices be held?
- Practices are determined by each coach.
- Basketball coaches pick from a select group of YMCA gym times and local schools the day of the coaches meetings, days & times may vary depending on availability.
- Game days are usually on Saturdays, start time at 8:30 am & Sundays, start time at 12:30 pm and may carry into early evening.
- Weekdays may be used for make up games.
- Fundamental Division: time, day, and location are TBD.

Will we be playing with kids from my YMCA only?
Due to the amount of participants registered, some leagues & programs may call for us to combine with other YMCAs in the Greater Omaha area.

How will we receive our jerseys?
Coaches will pick up jerseys the week that practices begin and will distribute them at the first practice.

What are the dimensions for basketballs & goal heights?
**Basketball sizes:**
- 3 years - 2nd grade: Junior (27.5)
- 3rd - 7th grade: Women's (28.5)
- 8th - 12th grade boys: Men's
- 8th - 12th grade girls: Women's (28.5)

**Goal height:**
- 3-4 years: 6’
- Kindergarten-2nd grade: 8’
- 3rd-4th grade: 9’
- 5th-12th grade: 10’

**Player Space**
The YMCA partners with Player Space for electronic communication and league management.
- Convenient 24/7 online access to league information such as schedules, practice times, team information, and event specifics.
- You will receive emails from Player Space for updates on important sports program information including schedule changes and practice times.
- Convenient access to your private Player space email where all league communication can be viewed.

**Coach & Volunteer**
Give back to your community by donating your time and talent as a youth sports coach or volunteer! We can’t do it without you! To get involved please email Tom Stubby at TStubby@metroymca.org